



The 1st Sports Science & Physical Activity Fair
الملتقى الأول لعلوم الرياضة و النشاط البدني

UAEU كلية التربية
College of Education

جامعة الإمارات العربية المتحدة
United Arab Emirates University

Day 1 Activities

Interactive Workshop Station

Tuesday, 8th of September 2026

Time	Activity	Discussion type
11:15 – 12:00	Education in Sport Sciences and Physical Education in the UAE • Dr. Arto Grasten, Chair of Physical Education Department, UAEU • Dr. Elisa Marques Assistant Professor, iSport Sciences College, University of Kalba • Prof. Paul James Stapley, Adjunct Professor, Sport Science Program, Middlesex University Dubai Moderator: • Dr. Ahmed Alkaabi Assistant Dean for Student Affairs, College of Education, UAEU	Panel Discussion (In English)
12:15 – 01:00	Physical Activity and Sports for Better Health • Dr. Abdulla Alrahooni Sports & Exercise Medicine Physical Medicine and Rehabilitation, Sheikh Tahnoon Medical City Rehabilitation Hospital – Al Ain, UAE • Mr. Ahmed Al Abdull Member, Al Ain Youth Council, UAE	Workshop (In Arabic)
12:00 – 01:00	Poster Presentation Session	
01:00 – 02:00	Prayer & Lunch Break	
02:00 – 02:45	Women in Sports On the Occasion of Emirati Women's Day Celebration • Ms. Shahad Abdulla Physical Education Student, Athlete on the UAEU Team • Ms. Maryam Khalil Al Shehhi Physiologist, Sharjah Women's Sports • Dr. Gehan Handouk Instructor, Physical Education Department, College of Education, UAEU Moderator: • Ms. Maraim Alshamsi Physical Education Alumni Community Centre Officer, Abu Dhabi Sport Council	Panel Discussion (In English)
03:00 – 03:45	Health and Physical Literacy in Childhood • Ms. Meera Mohammed Shahi Physical Education Alumni, Physical Education Teacher, Aljahili School Cycle 3	Workshop (In Arabic)