

The Department of Curriculum and Instruction in the College of Education cordially invites you to a celebration of

# WORLD TEACHER'S DAY

## Featured speakers

### Dr. Arto Gråstén

(Department of Physical Education, CEDU, UAEU)

**Health and physical education teacher education: Observations and experiences from Finland and Australia**

#### Summary

Schools are considered essential for health and physically active lifestyle promotion, which requires several complex aspects for successful implementation, for instance leadership, teamwork, assistance, and resources. In today's schools, health and physical education teachers are seen as school health experts rather than just motor skill teachers. This, in turn, requires adaptability and flexibility from the teacher education programs. The purpose of this presentation is to provide insights into the health and physical education teacher education based on observations and experiences in teacher education programs in Australia and Finland.

#### Bio

Dr. Arto Gråstén has a PhD in Sport Sciences and Master in Education. He is an Associate Professor in the College of Education at UAEU and an Adjunct Researcher in Sport Pedagogy at the Faculty of Sport and Health Sciences at the University of Jyväskylä. Previously Dr. Arto worked as an elementary school teacher and a health and physical education teacher in Finland, and recently as a university lecturer in health and physical education at the Faculty of Education at the University of Tasmania, Australia. His research covers the topics of physical activity in children and youth, physical education, motor competence, and self-determined motivation. His interests also include applying and developing quantitative research methods in the field.

### Ms. Maitha AlMarri

(doctoral candidate, C&I, CEDU, UAEU)

**Cultivating a positive relationship with students: The key to effective classroom management**

#### Summary

This talk will cover practical classroom management techniques, the power of cultivating positive relationships with students and parents, as well as the concepts of obedience vs. responsibility. Based on personal teaching experiences, as well as the works of Rudolf Dreikurs, and Richard Curwin and Alan Mendler, the speaker will present key ways to manage the classroom by exploring the concept of 'true discipline.' The objective is to provide instructors with the tools and strategies they need in the classroom so they may focus more on education and instruction and less on managing behavioral issues. The ultimate objective is to encourage long-term behavioral change rather than quick fixes.

#### Bio

Maitha AlMarri is an educator with 10 years' experience teaching various groups ranging from primary grades to college level. She is currently a lecturer in the Education Department at the Higher Colleges of Technology, as well as a Doctoral Candidate enrolled in the Curriculum and Instruction Program at UAEU. Maitha earned her Bachelor's and Master's degrees from Zayed University, with a focus on teaching English as a foreign language, as well as teaching and learning. Her research interests include effective feedback, classroom management and English Language Learning.

### Ms. Aliyyeh Abdulrahman

(MEd graduate, CEDU, UAEU)

**Novice teacher mentoring and development**

#### Summary

Novice teacher mentoring is a vital part of the educational system because it helps new teachers integrate smoothly into the teaching environment and school culture. As a teacher in the UAE schools, I have experienced some teaching challenges that could have been avoided if proper mentoring was provided to me by the school administration or senior teachers. Luckily, my latest and current teaching experience has proved that the presence of a capable, supportive, and caring mentor can ease the stressful challenges resulting from having to cope with a totally novel school culture and school expectations. In this presentation, I will share with the attendees the characteristics of a good teacher mentor as I see them, and why it is important to develop novice teacher mentoring programs in all schools in the UAE.

#### Bio

Aliyyeh Abdulrahman is a Master's graduate from the College of Education, UAEU, in Spring 2022. She got her BA in English language and literature from the University of Aleppo in 2011. She also holds the Cambridge CELTA certificate in teaching English to adults. Aliyyeh has been teaching English at different grade levels in both elementary and middle schools since 2014 in Ministry and International Private Schools in the UAE.

In addition to these three 15-minute presentations, the following four faculty members in the Department of Curriculum and Instruction will share with the audience -in 5 minutes each- their memories and reflections on the occasion as educators/teachers/professors:

**Dr. Emma Pearson**  
**Dr. Shashidhar Belbase**  
**Dr. Susan Atkinson**  
**Dr. Jamie Costley**

Plus, a 5-minute short video celebrating the occasion, compiled by the Office of Assistant Dean for Students' Affairs in CEDU

**Event moderator:** Professor Ali Shehadeh, Coordinator of the Master of Education Program, CEDU



 **Thursday 6 October 2022**

 **5:00 - 7:00 PM**

 **MICROSOFT TEAMS**





# Health and Physical Education Teacher Education: Observations and Experiences from Australia and Finland

Teachers' Day  
5<sup>th</sup> October 2022

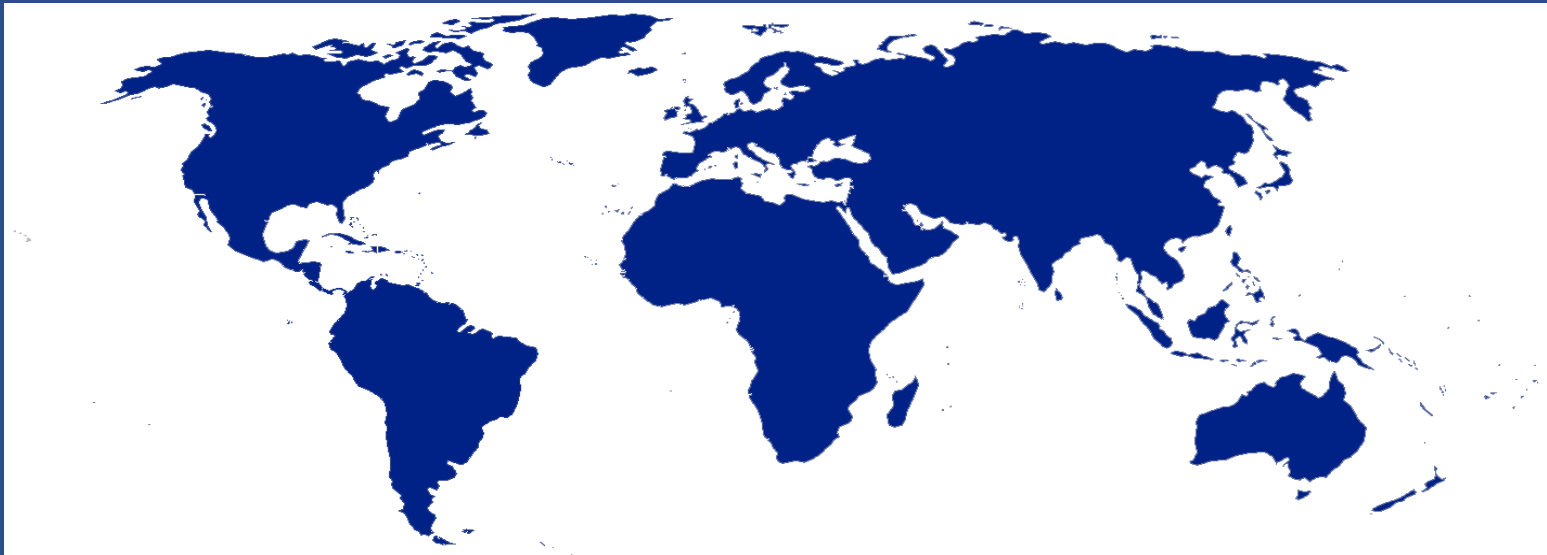


Dr Arto Gråstén  
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Physical Education Dept.  
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# Intentions

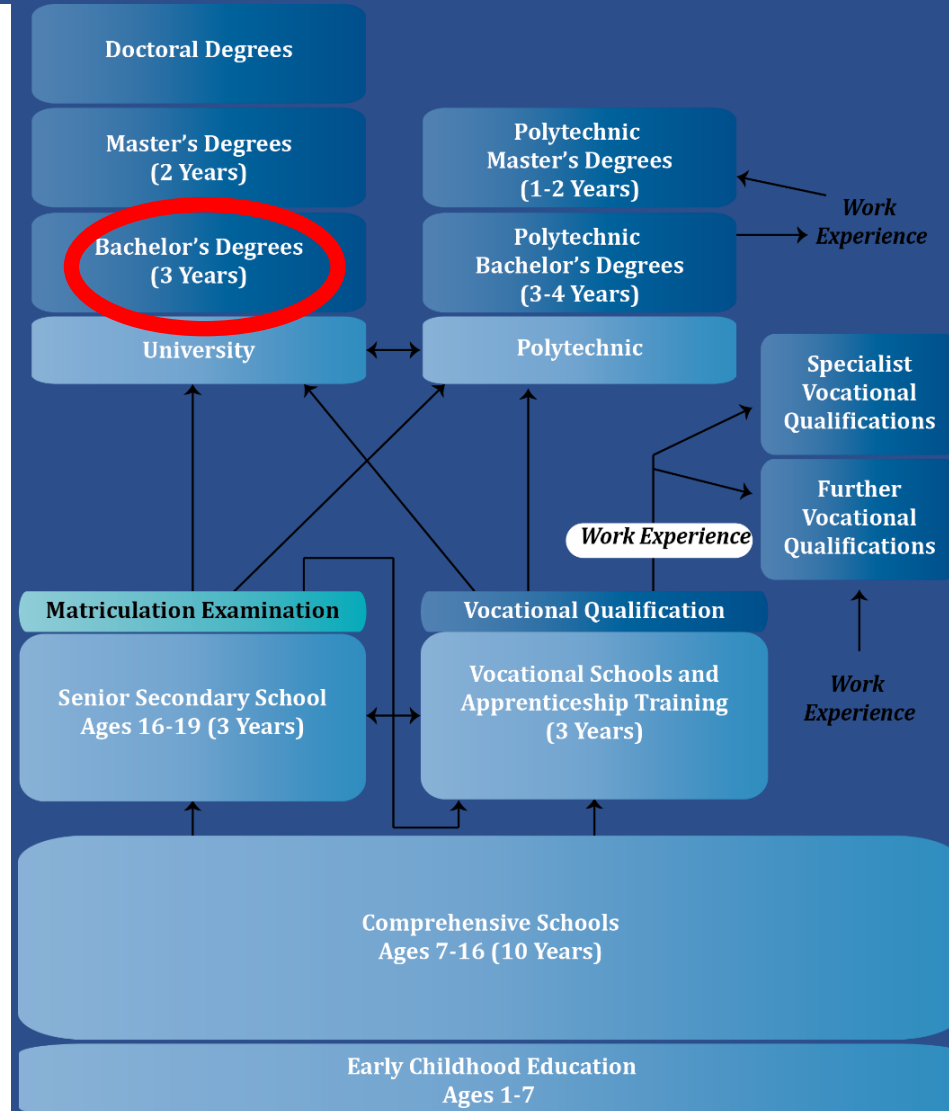
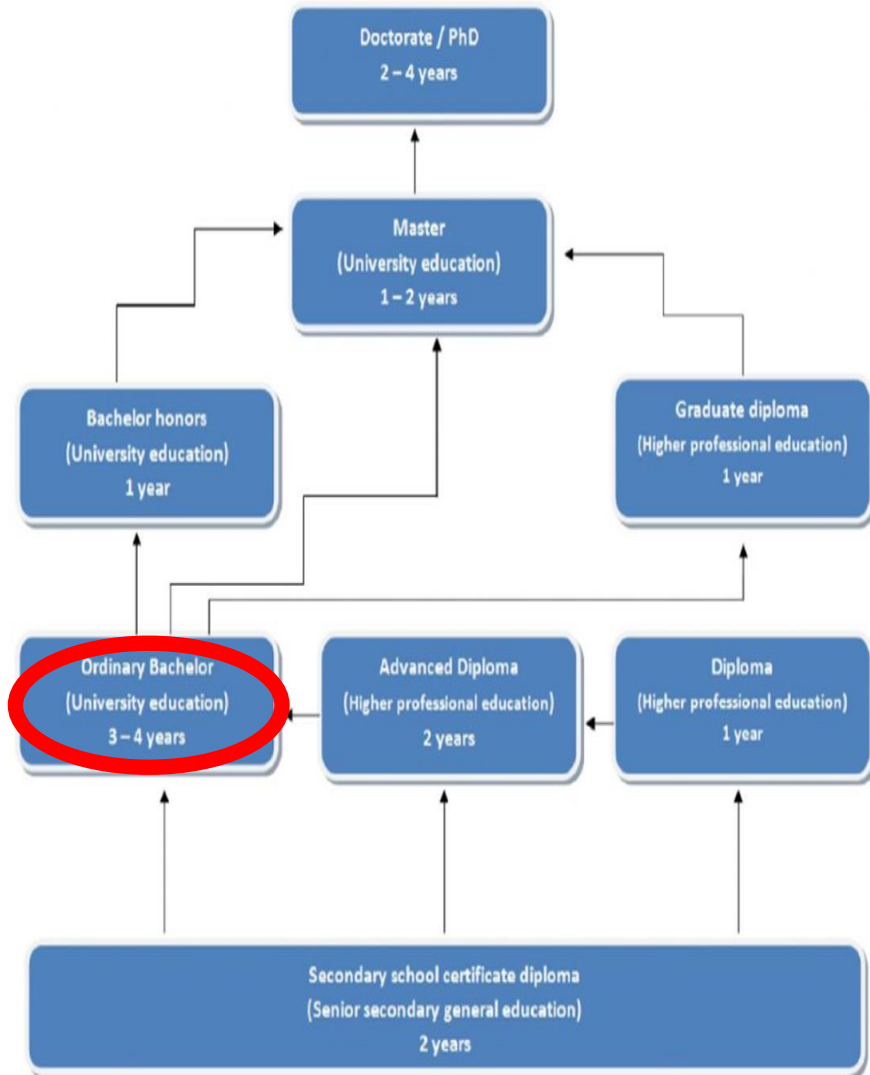
Teachers' Day is a special day for the appreciation of teachers.

This presentation provides insights into the health and physical education teacher education based on observations and experiences in teacher education programs in Australia and Finland.





# Education Systems in Australia and Finland



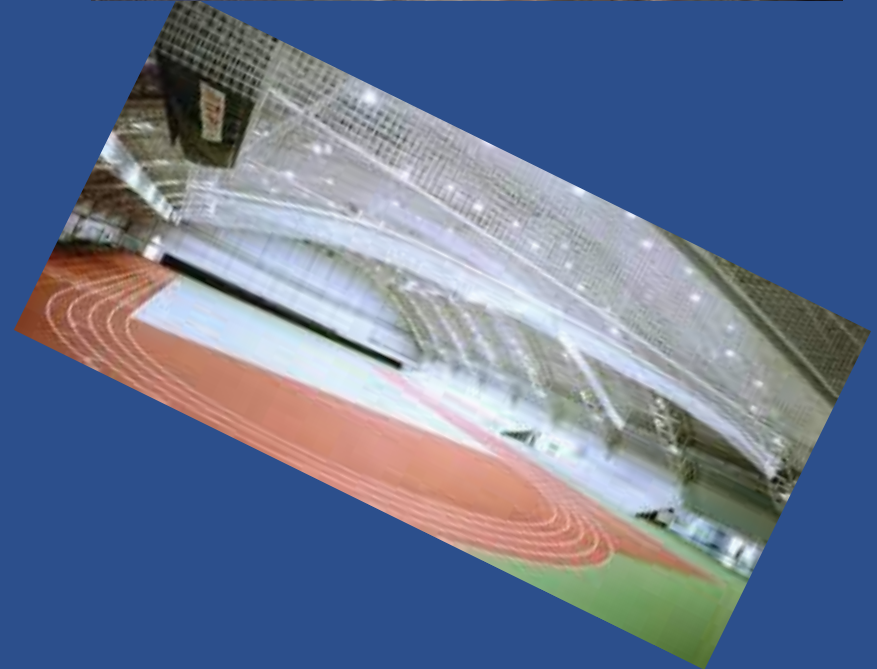




**University of Tasmania**  
Faculty of Education



**University of Jyväskylä**  
Faculty of Sport and Health Sciences



**UAEU** College of  
Education

# Bachelor of Education (Health and Physical Education)



3-4 years

400 cr.

- 80 days of professional experience placements

[https://courses.its.utas.edu.au/\\_\\_data/assets/pdf\\_file/0016/233611/2022-43J-Bachelor-of-Education-H-and-PE-Course-Planner.pdf](https://courses.its.utas.edu.au/__data/assets/pdf_file/0016/233611/2022-43J-Bachelor-of-Education-H-and-PE-Course-Planner.pdf)



3 years (+ 2 years)

180 (+120) cr.

- approx. 80 days of professional experience placements

<https://studyguide.jyu.fi/2022/en/degreeprogram/lpeka2020/>

# Characteristics of Programs



- ❖ Public institution
- ❖ Teaching oriented
- ❖ Teaching practices in actual schools
- ❖ 50 applicants per year
- ❖ Instruction language: English



- ❖ Public institution
- ❖ Research oriented
- ❖ Teaching practices in actual and teacher training schools
- ❖ Large range of sport activities available
- ❖ 1500 applicants per year
- ❖ Instruction language: Finnish



# Thank you!

